

DESTINATION

Brazil

When it comes to inspirations from Brazil, the eponymous bikini wax is just the start. At the **Claremont Resort & Spa** in Berkeley, Calif., the Brazilian Rainforest Journey includes a soothing soak in a botanical bath, a nourishing body wrap with aloe vera, and a relaxing coconut-milk massage.

At **Lake Austin Spa Resort** in Austin, Texas, you can opt for a sugar rub followed by a babassu oil body wrap. "In rural communities in Brazil, the nut from the babassu palm tree is used in beauty treatments for hair, face, and body," says Anne Dolbeau, founder of Inara Organic Body Care. "It's a tradition that's been passed down for generations."

TAKE-HOME TIPS

To gently exfoliate, rub on **6** Inara Babassu Sugar Rub (\$50; retail spa.com/inara), a combination of babassu oil and turbinado sugar. Or try **7** Inara Babassu Milk Bath (\$49) with its skin-smoothing blend of babassu oil and buttermilk.

